

## **Heartland Agency** and Educational Services

Heartland is asking for help again this year, in preparing Holiday Hampers, for over 100 of its EvenStart families who are most in need.

## Teachers, Friends, Neighbors, Co-Workers, Students! Can you help Us?

Our families need basic household, health, and personal items, as well as holiday gifts. We also supply families with gift certificates to Department Stores, Transit Passes, and Grocery Cards, to help them get through the season.



You can contribute individually or along with others - classmates, co-workers, friends, neighbors, or family.

You can contribute towards the cost of a hamper or help by assembling one. Our Website tells you how!

We will pick it up and deliver it for you, to the deserving family.

If you want to make this your Holiday Charity, please contact us for more information or visit our Website:

Please Contact Us at Tel: 541-0277 / Fax: 541-0800, or Email:  $extit{EvenStart@Shaw.ca}$ 



www.evenstartfoundation.org/xmas